

BOCCONI SPORT

What is the Bocconi Social Ride?

The Bocconi Social Ride is a **bicycle ride for the community organized by Bocconi Sport** that will take place on **Sunday, May 11, 2025**.

The route runs through the Parco Agricolo Sud Milano and surrounding areas, starting from the University **Piazza Sraffa 13**, where a Welcome Village will be set up.

The Bocconi Social Ride is **suitable for all enthusiasts of long rides in nature**.
It is not a race, but there are rules to be respected for your safety.

When and Where?

Sunday, May 11, 2025

Meeting point: Welcome Village in front of Velodromo building, entrance Piazza Sraffa 13

Time: from 8:30am

Departure: 9:30am

How to register?

Fill the form at this [LINK](#).

REGISTRATIONS WILL OPEN ON MONDAY, MAY 28 AND CLOSE ON WEDNESDAY, MAY 7, AT 1:00pm.

Who can participate?

To participate in the Bocconi Social Ride, it is mandatory to:

- Be registered or register with **Bocconi Sport**
<https://www.bocconisport.eu/en/news/bocconi-sport-membership>
- Have a valid **medical certificate** for non-competitive sports practice (with resting ECG) or a higher-level medical certificate specific to cycling (competitive sports or high cardiovascular commitment)
<https://www.bocconisport.eu/en/news/medical-certificate>

Family members of students, faculty, staff, and alumni can participate too: for more information and registration send an email to bocconisporteam@unibocconi.it.

The Social Ride is limited to a maximum of 45 participants.
All participants will be insured by Bocconi Sport.

You can consult the policy [HERE](#).



Who and what will welcome you?

- At the Welcome Village **Bocconi Sport** staff will meet you providing all necessary information
- **Rh+** gazebo for collecting the welcome pack provided by **rh+ - Scott - Enervit** with a TECHNICAL GILET rh+ customized for the event, Enervit and Scott products
- **Scott** gazebo and "bike station" for bicycle pickup (**limited number, available while stocks last**)
- Small workshop - technical briefing
- Water fountains to refill bottles
- Secure storage for bags/backpacks
- Toilets

What kind of bicycle to use?

The approximately 60 km ride is challenging, without climbs, recommended for trained people.

You can use a **classic road bike, gravel bike, or pedal-assist bicycle.**

If you don't have a suitable bike or would like to test a new one, **you can book one, WITHIN WEDNESDAY, MAY 7**, writing to bocconisporteam@unibocconi.it specifying model and size.

SCOTT bicycles available:

ROAD BIKE – ONLY FOR EXPERT CYCLISTS (bring with you pedals and shoes with attachment)

- FOIL RC 10 BLACK - size S M L
- ADDICT RC 10 SUNBEAN BLACK - size S M
- ADDICT RC 20 carbon black - size S L

SUITABLE ALSO FOR BEGINNERS (no need to carry pedals and attachment)

- ADDICT GRAVEL 30 - size S L
- ADDICT GRAVEL 40 - size M
- SOLACE GRAVEL ERIDE 20 - size M L

ATTENTION: VERY LIMITED AVAILABILITY ONLY WITH BOCCONI SPORT REGISTRATION.

You can pick up your bike directly at the Welcome Village at the Scott gazebo from 8:30 to 9:00am.



Mandatory equipment for participation:

- Helmet
- Cycling shorts with padding
- Water bottles
- Windbreaker (sleeveless)
- Fully charged mobile phone (power bank highly recommended)
- If you don't have a Garmin or similar, we suggest you downloading the Komoot app in order to upload the GPS track provided on the day of the ride

How will be the ride?

Length 60 km

Elevation gain 150m

Estimated time 2h30'/3h

Start and finish point at Piazza Sraffa 13

Some parts of the ride are not on bike route and will be came alongside by cars and medical car, all respecting the rules of the road code.

Those who do not follow these rules will be excluded from the event.

In the bike route you will move with the rules described above always giving priority to pedestrians.

In the cycle path, cars will be found at periodicals touch point with the group, including medical car that will always have the path as close as possible to the group with access for any help.

Rules of the road route

We will always move in groups.

There will be an opening coordinator/pacer that will give the rhythm (maximum speed allowed 30 kmh - average 25kmh about).

The opener can NEVER be passed.

There will be a closing coordinator at the end of the group that will stop with those who may have difficulties.

The group will be supported by a Scott technician who can assist those with technical problems.

There will be a medical car from departure to arrival and assistance cars.

You will also be provided with an emergency mobile phone number.

Is a refreshment available?

Enervit will provide an energy pack with salts, gels, bars and a bottle that will be delivered to you at the start.

Everyone, depending on their needs, should be autonomous at food and water level during the social ride.

About halfway there will be a stop c/o bar.

You can buy whatever you need by yourself.



What happens if it rains?

48h before the event we will consult the weather forecast.

If expected rain to 60% YOU WILL RECEIVE CANCELLATION COMMUNICATION AT THE EMAIL ADDRESS INDICATED.

If there is no rain forecast YOU WILL NOT RECEIVE ANY COMMUNICATION AND WE WILL MEET AT THE MEETING POINT IN SRAFFA 13.

